Instructions for handling the prayer page

You can modify these prayers as it suits you. You can address the prayers to the good father/God, the Highest/the good Lord etc., to God the most Holy, to Jesus, to the Lord and you can also use them as intercession for someone.

What is too much for you, leave out and where something is missing, add to it. These prayers are aids, they are offers, not laws.

For the rest, pray "as your beak grows and as your heart dictates", that is, talk to God as you would to your very best friend. You can bring up anything: the greatest shame, the smallest request, a deep joy, and you may also complain and grumble before God or be speechless before Him. He will not forsake you because of any of this, as several millennia of experience in prayer testify.

The Amen at the end of a prayer is always an affirmation of what you prayed for. It means something like "So be it!" or "So shall it be!"

I hope, that there is something in it for you and that you may offer your prayers according to your heart. Amen.